

2019



ANNUAL REPORT

Our Mission is Simple

To assist people with disabilities in
overcoming barriers to Independent Living



Thank you to our 2019 Board of Directors for your commitment to our mission and vision, for guiding and supporting us, and for being powerful advocates for our staff and for all people with disabilities. Thank you Deb, Jason, Geoffrey, Ruth, Dale and Nancy!

FOUNDED IN 1977

- Our programs and services help people identify their own Independent Living needs, which translate into Independent Living goals, and then we all work together to assist people in achieving their goals and maintaining Independence.



2019 At a Glance

4 CPWD Locations: Boulder • Longmont • North Metro • Broomfield

2,112 people assisted with services that support **Independent Living**:

- 97 Colorado Cities
- 19 Colorado Counties
- 16% Latin(x) /Hispanic
- 12% Experiencing Homelessness
- 75 Veterans
- Average Age: 62-years-old
- 67% Female, 33% Male
- 90% earn less than \$30K/year
- 57% earn less than \$10K/year

19,247 Service Hours provided through **10,974 Services** in 2019:

- 488 Hours of Self-Advocacy Training
- 12,459 Hours of Independent Living Skills Training
- 1,728 Hours of Information & Referral
- 128 Hours of Mobility Training
- 2,121 Hours of Peer Support
- 900 Hours Transitioning People out of Nursing Homes
- 611 Hours Helping People find Jobs
- 680 Hours Supporting Youth with Disabilities



Where We Work

We provide services throughout the greater Boulder-Denver and rural Boulder mountain areas.

CPWD assists *ALL* people with *ALL* disabilities, families, schools, employers and other related parties, through 5 Core Services:

1. Information & Referral
2. Independent Living Skills Training
3. Individual and Systems Advocacy
4. Peer Support
5. Nursing Home and Youth Transitions

CPWD serves the Latin(x)/ Hispanic Community by sharing resources and information, increasing access by hiring bilingual staff, and collaborating with:

- Cinco de Mayo
- Centro Amistad
- Latino Chamber
- Concentric Clinic
- Latino Task Force
- Audio Information Network
- Intercambio Uniting Communities
- Colorado Immigration Rights Coalition



Overcoming barriers to Independent Living since 1977

Youth Transitions

What could be more precious than our children, our youth? And how can we help them navigate the worlds of today and tomorrow?

All youth go through the transitions and challenges of growing up and becoming independent, and youth with disabilities often face additional challenges and barriers. Marginalization, isolation, being misunderstood and feeling alone, relying too much on family and lacking peer connections are some of the personal challenges they face. Completing school, preparing to live independently, finding a job or going to college as a person with a disability are some of the more practical challenges they face.



CPWD's Youth Transitions Program addresses all of these challenges by building communities of peer support, education and skills training, fun and recreation, and real-life goal setting, while including families and other key supporters. Together, we find friendship, discovery, courage, self-esteem, and create a practical, accessible vision of the future.

A big Thank You to Teresa Greene (above left), our Youth Transitions Coordinator, who tirelessly strives to educate, advocate for and support youth with disabilities in our community!



Advocacy & Peer Support

Two of the core tenets of Independent Living are **Advocacy** and **Peer Support**.

Advocacy means that people with disabilities have a voice, as well as access to information and the courage to use that voice. Negotiating with a landlord, expecting equal and fair treatment from an employer, accessing public transportation or buildings, and making one's own medical and living choices, are all examples of what we would expect in a modern society. And yet, discrimination and marginalization often block even the simplest expression of individual voice and desire for people with disabilities.

We are champions of Advocacy, on the individual and systems levels, to bring the voice of people and communities rightfully into our societal and cultural conversations.



One of the most powerful ways to cultivate confidence and find one's voice is through Peer Support: people with disabilities sharing, teaching, encouraging and empowering each other. Beyond supporting Advocacy, Peer Support is a place to work through challenges, learn new skills, become a mentor to others who are facing barriers you have overcome, and cultivate friendships and a community of people who understand each other at a core level.



Specialized Programming

CPWD offers a continuum of programs designed to address specific needs and independent living goals for people with disabilities in the communities we serve.

Beyond Vision offers education, skills training, adaptive technology training, and peer support for people with visual impairment or blindness.

Employment offers support in every aspect of job search from resumes to interviews. We collaborate with DVR and offer the Ticket To Work program.

Veterans Independence Program allows veterans at risk of institutionalization to live independently, at home, and manage their own health and well-being services.

Life Skills Training Program builds a community around a person with disabilities that includes peers and professionals, and helps them identify needs and set life skill and independent living goals.

Information & Referral is a key service available to anyone – people with disabilities, family, friends and caregivers – needing information or a referred provider or service for any disability related matters.

Home Health provides critical skilled and unskilled nursing care and support for activities of daily living so that people with disabilities who cannot 100% care for themselves can remain independent and in their own homes.

Nursing Home Transitions facilitates the complex and powerful process of leaving a nursing home, moving into your own home, and living independently.

All of CPWD's services are offered at **No Cost to Consumer**.



Community Based Efforts



CPWD is proud to be an active member in the local communities we serve: Boulder, Longmont, the North Metro area including Adams, Arapahoe and Jefferson Counties, rural mountain areas including Gilpin, Larimer and Weld Counties, and the western areas of Boulder County.

As an organization, we are inclusive not only of people with disabilities, but all people regardless of race, religion, ethnicity, gender, sexual orientation or identification, age, national origin, or veteran status.

Within the communities we serve, we strive to be a model of acceptance, and make efforts to work closely with marginalized populations, including the Latin(x)/Hispanic populations, people who are homeless or at risk of homelessness, those experiencing poverty, older adults, as well as LGBTQ and other groups. As disabilities don't discriminate based on age, income or sexual preference, neither do we.

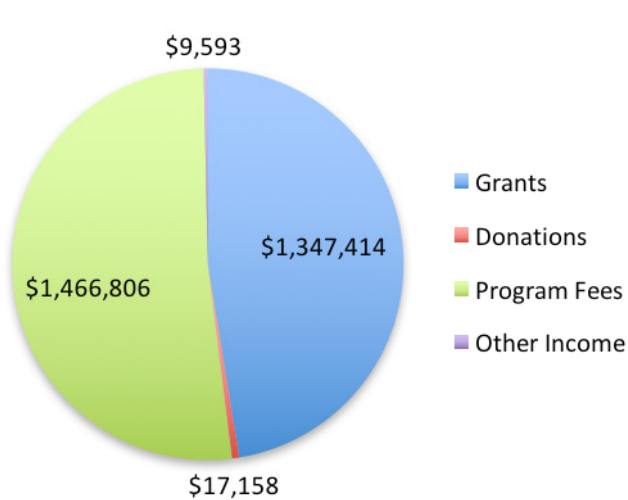
Instead, we make every effort to form strong relationships with other community service providers and city governments to strengthen our position as a resource and support for any and all people with disabilities. We believe that Independent Living is the choice and right of each and every person with a disability, no matter how unique their abilities or preferences.



Financials

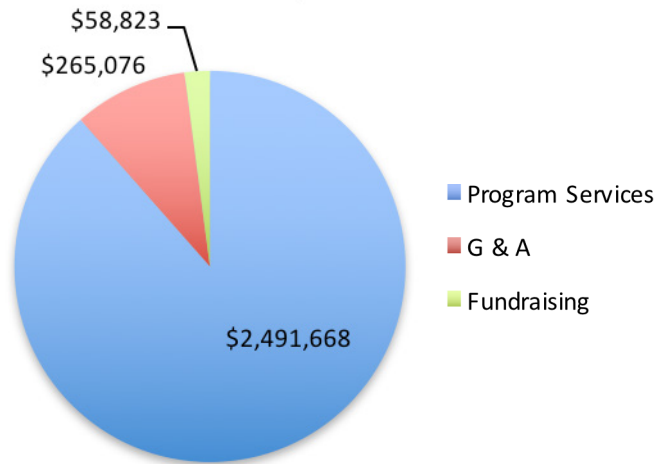
INCOME

Total Support and Revenue: \$2,840,971



EXPENSES

Total Expenses: \$2,815,567

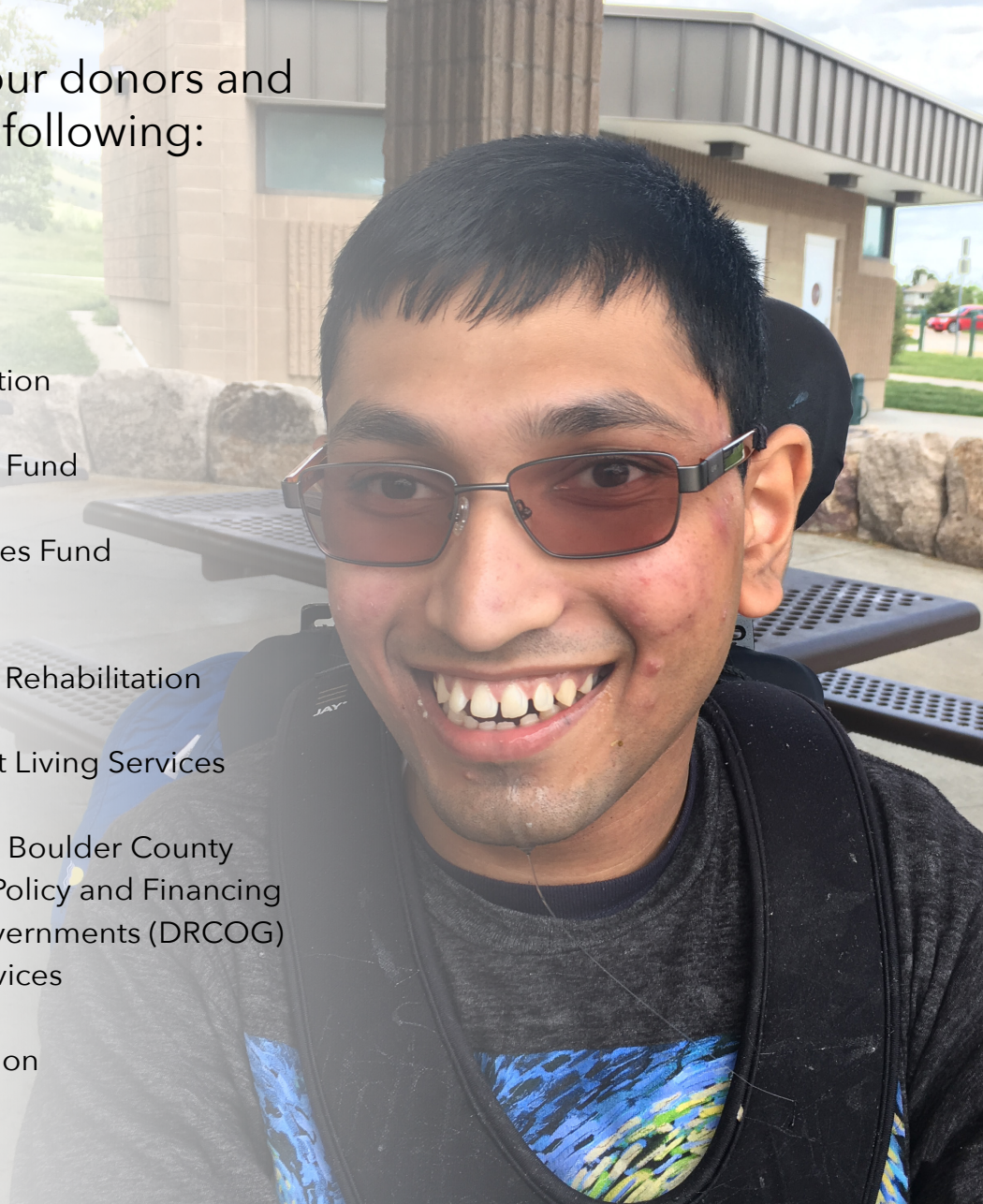


For a copy of our Audited Financials, contact Chris@cpwd.org



THANK YOU to all of our donors and funders, including the following:

Anschutz Family Foundation
Boulder County
Boulder County AAA
Boulder Flatirons Rotary
Broomfield Community Foundation
City and County of Broomfield
City of Boulder Human Services Fund
City of Boulder Worthy Cause
City of Longmont Human Services Fund
City of Thornton
City of Westminster
Colorado Division of Vocational Rehabilitation
Colorado Garden Foundation
Colorado Office of Independent Living Services
Community First Foundation
Community Foundation Serving Boulder County
Colorado Dept. of Health Care Policy and Financing
Denver Regional Council of Governments (DRCOG)
Dept. of Health and Human Services
James Hynd Trust
Longmont Community Foundation
Lynn & Helen Clark Trust
Rose Community Foundation



We are Grateful!

And a hearty thank you to our consumers and all those who support Independent Living! Your courage and commitment is powerful and gives us the inspiration to carry out mission forward!

A P P R E C I A T I O N

We are so fortunate to have so many talented and committed staff, more than 50% of whom are also people with disabilities.

From our volunteers through our executive team, everyone at CPWD plays a key role in furthering our mission to assist people in achieving and maintaining independence. Thank you!

A special shout-out to our receptionist, Bertha Meads, who has been with us for 29 years. Bertha started as a consumer, and then became a volunteer, and finally joined the team as staff. We are grateful for you, Bertha!

And a big Thank You to Cheryl Hodgson, who retired after dedicating 12 years to CPWD. Cheryl was well-known and loved by the Longmont disability community for her commitment to Peer Support Groups and the independence of people in her community. Thank you, Cheryl!



Top: Bertha Meads. Bottom left: Cheryl Hodgson

The **VISION** of CPWD is to build a community of resources, services, caregivers and consumers that collectively form a foundation of support for Independent Living. We encourage an integrated community that equally welcomes all members, all disabilities and cross-disabilities.