Our Mission is Simple

To assist people with disabilities in overcoming barriers to Independent Living

Thank you to our 2019 Board of Directors for your commitment to our mission and vision, for guiding and supporting us, and for being powerful advocates for our staff and for all people with disabilities. Thank you Deb, Jason, Geoffrey, Ruth, Dale and Nancy!
• For 43 years CPWD has been assisting people with disabilities in achieving and maintaining Independence.

• We are consumer-controlled: more than 51% of our staff and board and people with disabilities.

• We believe in the power of Peer Support and Self-Advocacy as paths to Independence.

• There is nothing more disabling than pity, marginalization, and losing the right to choose how to live one’s own life.

• We believe everyone has the right to make their own life and medical decisions, and to have access to supports and resources to stay independent.

Our programs and services help people identify their own Independent Living needs, which translate into Independent Living goals, and then we all work together to assist people in achieving their goals and maintaining Independence.
2,112 people assisted with services that support Independent Living:

- 97 Colorado Cities
- 19 Colorado Counties
- 16% Latin(x) /Hispanic
- 12% Experiencing Homelessness
- 75 Veterans
- Average Age: 62-years-old
- 67% Female, 33% Male
- 90% earn less than $30K/year
- 57% earn less than $10K/year

19,247 Service Hours provided through 10,974 Services in 2019:

- 488 Hours of Self-Advocacy Training
- 12,459 Hours of Independent Living Skills Training
- 1,728 Hours of Information & Referral
- 128 Hours of Mobility Training
- 2,121 Hours of Peer Support
- 900 Hours Transitioning People out of Nursing Homes
- 611 Hours Helping People find Jobs
- 680 Hours Supporting Youth with Disabilities
Where We Work

We provide services throughout the greater Boulder-Denver and rural Boulder mountain areas.

CPWD assists ALL people with ALL disabilities, families, schools, employers and other related parties, through 5 Core Services:

1. Information & Referral
2. Independent Living Skills Training
3. Individual and Systems Advocacy
4. Peer Support
5. Nursing Home and Youth Transitions

CPWD serves the Latin(x)/Hispanic Community by sharing resources and information, increasing access by hiring bilingual staff, and collaborating with:

- Cinco de Mayo
- Centro Amistad
- Latino Chamber
- Concentric Clinic
- Latino Task Force
- Audio Information Network
- Intercambio Uniting Communities
- Colorado Immigration Rights Coalition
Youth Transitions

What could be more precious than our children, our youth? And how can we help them navigate the worlds of today and tomorrow?

All youth go through the transitions and challenges of growing up and becoming independent, and youth with disabilities often face additional challenges and barriers. Marginalization, isolation, being misunderstood and feeling alone, relying too much on family and lacking peer connections are some of the personal challenges they face. Completing school, preparing to live independently, finding a job or going to college as a person with a disability are some of the more practical challenges they face.

CPWD’s Youth Transitions Program addresses all of these challenges by building communities of peer support, education and skills training, fun and recreation, and real-life goal setting, while including families and other key supporters. Together, we find friendship, discovery, courage, self-esteem, and create a practical, accessible vision of the future.

A big Thank You to Teresa Greene (above left), our Youth Transitions Coordinator, who tirelessly strives to educate, advocate for and support youth with disabilities in our community!
Two of the core tenets of Independent Living are **Advocacy** and **Peer Support**.

Advocacy means that people with disabilities have a voice, as well as access to information and the courage to use that voice. Negotiating with a landlord, expecting equal and fair treatment from an employer, accessing public transportation or buildings, and making one’s own medical and living choices, are all examples of what we would expect in a modern society. And yet, discrimination and marginalization often block even the simplest expression of individual voice and desire for people with disabilities.

We are champions of Advocacy, on the individual and systems levels, to bring the voice of people and communities rightfully into our societal and cultural conversations.

One of the most powerful ways to cultivate confidence and find one’s voice is through Peer Support: people with disabilities sharing, teaching, encouraging and empowering each other. Beyond supporting Advocacy, Peer Support is a place to work through challenges, learn new skills, become a mentor to others who are facing barriers you have overcome, and cultivate friendships and a community of people who understand each other at a core level.
Specialized Programming

CPWD offers a continuum of programs designed to address specific needs and independent living goals for people with disabilities in the communities we serve.

**Beyond Vision** offers education, skills training, adaptive technology training, and peer support for people with visual impairment or blindness.

**Employment** offers support in every aspect of job search from resumes to interviews. We collaborate with DVR and offer the Ticket To Work program.

**Veterans Independence Program** allows veterans at risk of institutionalization to live independently, at home, and manage their own health and well-being services.

**Life Skills Training Program** builds a community around a person with disabilities that includes peers and professionals, and helps them identify needs and set life skill and independent living goals.

**Information & Referral** is a key service available to anyone – people with disabilities, family, friends and caregivers – needing information or a referred provider or service for any disability related matters.

**Home Health** provides critical skilled and unskilled nursing care and support for activities of daily living so that people with disabilities who cannot 100% care for themselves can remain independent and in their own homes.

**Nursing Home Transitions** facilitates the complex and powerful process of leaving a nursing home, moving into your own home, and living independently.

All of CPWD’s services are offered at **No Cost to Consumer**.
CPWD is proud to be an active member in the local communities we serve: Boulder, Longmont, the North Metro area including Adams, Arapahoe and Jefferson Counties, rural mountain areas including Gilpin, Larimer and Weld Counties, and the western areas of Boulder County.

As an organization, we are inclusive not only of people with disabilities, but all people regardless of race, religion, ethnicity, gender, sexual orientation or identification, age, national origin, or veteran status.

Within the communities we serve, we strive to be a model of acceptance, and make efforts to work closely with marginalized populations, including the Latin(x)/Hispanic populations, people who are homeless or at risk of homelessness, those experiencing poverty, older adults, as well as LGTBQ and other groups. As disabilities don’t discriminate based on age, income or sexual preference, neither do we.

Instead, we make every effort to form strong relationships with other community service providers and city governments to strengthen our position as a resource and support for any and all people with disabilities. We believe that Independent Living is the choice and right of each and every person with a disability, no matter how unique their abilities or preferences.
Financials

**INCOME**
Total Support and Revenue: $2,840,971

- $1,466,806
- $1,347,414
- $17,158

**EXPENSES**
Total Expenses: $2,815,567

- $2,491,668
- $58,823
- $265,076

For a copy of our Audited Financials, contact Chris@cpwd.org
THANK YOU to all of our donors and funders, including the following:

- Anschutz Family Foundation
- Boulder County
- Boulder County AAA
- Boulder Flatirons Rotary
- Broomfield Community Foundation
- City and County of Broomfield
- City of Boulder Human Services Fund
- City of Boulder Worthy Cause
- City of Longmont Human Services Fund
- City of Thornton
- City of Westminster
- Colorado Division of Vocational Rehabilitation
- Colorado Garden Foundation
- Colorado Office of Independent Living Services
- Community First Foundation
- Community Foundation Serving Boulder County
- Colorado Dept. of Health Care Policy and Financing
- Denver Regional Council of Governments (DRCOG)
- Dept. of Health and Human Services
- James Hynd Trust
- Longmont Community Foundation
- Lynn & Helen Clark Trust
- Rose Community Foundation

We are Grateful!

And a hearty thank you to our consumers and all those who support Independent Living! Your courage and commitment is powerful and gives us the inspiration to carry out mission forward!
The Vision of CPWD is to build a community of resources, services, caregivers and consumers that collectively form a foundation of support for Independent Living. We encourage an integrated community that equally welcomes all members, all disabilities and cross-disabilities.

We are so fortunate to have so many talented and committed staff, more than 50% of whom are also people with disabilities.

From our volunteers through our executive team, everyone at CPWD plays a key role in furthering our mission to assist people in achieving and maintaining independence. Thank you!

A special shout-out to our receptionist, Bertha Meads, who has been with us for 29 years. Bertha started as a consumer, and then became a volunteer, and finally joined the team as staff. We are grateful for you, Bertha!

And a big Thank You to Cheryl Hodgson, who retired after dedicating 12 years to CPWD. Cheryl was well-known and loved by the Longmont disability community for her commitment to Peer Support Groups and the independence of people in her community. Thank you, Cheryl!

Top: Bertha Meads. Bottom left: Cheryl Hodgson